



## **Alternative Medicine Magazine's Definitive Guide to Cancer: An Integrated Approach to Prevention, Treatment, and Healing (Alternative Medicine Definitive Guide)**

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# **Alternative Medicine Magazine's Definitive Guide to Cancer: An Integrated Approach to Prevention, Treatment, and Healing (Alternative Medicine Definitive Guide)**

## **Alternative Medicine Magazine's Definitive Guide to Cancer: An Integrated Approach to Prevention, Treatment, and Healing (Alternative Medicine Definitive Guide)**

The second edition of this comprehensive guide to cancer helps patients and their caregivers learn about causes and prevention of cancer; offset the side effects of conventional medicine; evaluate effective alternative treatments; utilize natural therapies involving diet, lifestyle, and nutritional supplements; and achieve deep healing through a mind-body-spirit approach. Featuring in-depth discussions of 20 specific cancers, including detailed descriptions of integrative treatments, this accessibly written guide is an invaluable tool for understanding and implementing integrative and complementary cancer care. An extensively revised and updated second edition of Alternative Medicine magazine's definitive guide to integrative cancer prevention and treatment. Includes current cancer research, expert interviews, and real-life stories from practitioners, patients, and caregivers. Peer reviewed by an editorial board of integrative practitioners. The American Cancer Society reports that one in four Americans dies from cancer.

"in this beautifully written, authoritative, and accessible book, Alschuler and Gazella offer state-of-the-art advice, direction, and companionship to anyone diagnosed with cancer. The Definitive Guide to Cancer is a unique synthesis of information and wisdom, research and loving-kindness." —Rachel Naomi Remen, MD, clinical professor at UCSF School of Medicine and author of Kitchen Table Wisdom and My Grandfather's Blessings

"This is an outstanding resource for every family facing cancer. The future of medicine—full integration of conventional and natural medicine—can be found here. I especially appreciate the authors' rigorous scientific approach for evaluating the validity of unconventional theories, diagnostic methods, and therapies,. This is the resource to trust." —Joseph E. Pizzorno, ND, Founding president of Bastyr University and coauthor of Encyclopedia of Natural Medicine and Natural Medicine for the Prevention and Treatment of Cancer Reviews "The authors' use of evidence-based information, their explanation of techniques for evaluating medical data, and their encouragement of partnership and improved doctor-patient communication make this an outstanding resource for all libraries."—Library Journal, starred review

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#### **Nancy Thornton:**

This Alternative Medicine Magazine's Definitive Guide to Cancer: An Integrated Approach to Prevention, Treatment, and Healing (Alternative Medicine Definitive Guide) is brand-new way for you who has intense curiosity to look for some information mainly because it relief your hunger associated with. Getting deeper

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