



# Real Simple Best Recipes: Easy, Delicious Meals

*Editors of Real Simple Magazine*

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## **Real Simple Best Recipes: Easy, Delicious Meals** Editors of Real Simple Magazine

You want to feed your family (and yourself!) well, but with your busy life, getting a healthy, satisfying meal on the table sometimes seems like Mission: Impossible. For 10 years, *Real Simple* has been finding ways to help you fulfill that mission while saving you time, stress, and money. Here, we've gathered up some of our best recipes to serve anytime, anywhere—from a weeknight supper to a dinner party.

These include:

ONE-POT MEALS that require just a single pan (and hardly any cleanup)

30-MINUTE MEALS to throw together at the end of a busy workday

NO-COOK MEALS for when you just don't want to turn on the oven

FREEZABLE MEALS to make ahead, for days when there's no time to cook

KID-FRIENDLY MEALS that please both them and you

FULL NUTRITIONAL INFO for every recipe, to make watching your numbers easier

MENU SUGGESTIONS combining recipes for special occasions

TRICKS OF THE TRADE to help you choose the freshest produce, pair pasta shapes with the best sauces, decipher the labels on chicken packages, and devein a shrimp

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