

# Breaking Seas: An overweight, middle-aged computer nerd buys his first boat, quits his job, and sails off to adventure

Glenn Damato

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FROM THE KIRKUS REVIEW: "As a writer, Damato makes his rehabilitation of the craft surprisingly interesting . . . his pithy prose keeps the story speeding along."

Do you have a dream to pursue but everyone says it's unrealistic? Or that you're not qualified? Too old, too out of shape? Or you don't have the "right experience?"

Glenn Damato was a forty-one year old software instructor who sought to exceed the bounds of his comfortable but humdrum existence. He embarked on an adventure for which he was miserably unprepared. Why do this? The goal was to become something he was not.

The "something" Damato strived to become was an ocean sailing skipper. Overweight and without boating experience of any kind, he decided to pursue his lifelong dream of sailing around the world on his own vessel.

Reckless? Dangerous? Idiotic? Call it what you will, Damato was determined to make the voyage a reality despite the obstacles.

Suddenly without the familiar security of his previous life, Damato was forced to conquer his anxieties while at the same time surviving the hazards and challenges of offshore sailing. As his experience and confidence mounts, he discovers he has indeed undergone a personal transformation – one quite different than he originally hoped, and in some ways worthier than he imagined.

Breaking Seas is a tale of ocean voyaging, but it's not just about sailing: the all-encompassing themes are rejection and disappointment – and our common human quest to get the most out of life despite being born into an imperfect universe.

Part sailing adventure, part philosophical pilgrimage, Breaking Seas is for everyone who's ever wanted to embark on an enterprise of some kind despite not meeting society's expected "qualifications."

"This is a story about our desire to be elsewhere, reborn and enhanced, because here and now are not enough," says Damato. "But don't expect a sugar-coated fairy tale with just what you want to hear. I promise you an honest story truthfully told."



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#### **Edward Gilbert:**

A lot of people always spent their free time to vacation as well as go to the outside with them household or their friend. Did you know? Many a lot of people spent that they free time just watching TV, or even playing video games all day long. If you need to try to find a new activity that's look different you can read a new book. It is really fun for yourself. If you enjoy the book that you just read you can spent the entire day to reading a book. The book Breaking Seas: An overweight, middle-aged computer nerd buys his first boat, quits his job, and sails off to adventure it is quite good to read. There are a lot of folks that recommended this book. They were enjoying reading this book. In the event you did not have enough space to develop this book you can buy the actual e-book. You can m0ore simply to read this book out of your smart phone. The price is not very costly but this book features high quality.

## Larry Carvajal:

People live in this new day of lifestyle always try to and must have the free time or they will get lot of stress from both day to day life and work. So, if we ask do people have time, we will say absolutely without a doubt. People is human not a robot. Then we ask again, what kind of activity are there when the spare time coming to a person of course your answer may unlimited right. Then do you ever try this one, reading publications. It can be your alternative inside spending your spare time, often the book you have read is usually Breaking Seas: An overweight, middle-aged computer nerd buys his first boat, quits his job, and sails off to adventure.

### Gail Kennedy:

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