



# EcoBeauty: Scrubs, Rubs, Masks, and Bath Bombs for You and Your Friends

*Lauren Cox, Janice Cox*

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*EcoBeauty* has something for everyone. Crafty types will love the gift ideas, and even those of us who can barely make toast will be able to handle these recipes. Making beauty products at home is a great way to save money and help the environment, and these recipes will do all that plus give you gorgeous skin and hair.  
--Beth Mayall-Traglia, editor in chief of TotalBeauty.com

Fun, fresh bath and body recipes that are great for gifts, girls' nights, or everyday use!  
--Jill and Megan Carle, coauthors of *Teens Cook* and *College Cooking*

Attention DIYers! Finally, the ultimate natural-beauty "cookbook" packed with deliciously easy, eco-friendly recipes for getting gorgeous with fresh ingredients from the kitchen. A must-have for anyone who wants to be healthy, save money, and make the world a more eco-beautiful place.  
--Rona Berg, editor in chief of *Organic Beauty* magazine and author of *Fast Beauty*

## Lotions and Toners and Soaps, Oh My!

What's the hippest way to be green? When you whip up a batch of Avocado Hair Conditioner, not only will your hair be green (for about twenty minutes) but your lifestyle will, too. Natural beauty maven Lauren Cox is bringing bath and body into the eco-friendly future with 100 easy and economical projects, featuring a variety of ingredients--hemp oil, green tea, soy milk, powdered kelp, goat's milk, and more--that are increasingly easy to find. Recycled bottling and green gift-giving ideas round out this stylish how-to manual for the DIY generation. So whether you are a crafty chica revitalizing your skin with an Espresso Yourself Facial Mask, a penny-pinching diva rocking some simple Green Tea Toner, or a chocoholic with a craving for Chocolate Brownie Lip Gloss, *EcoBeauty* has a money-saving, planet-loving, skin-pleasing creation for you.

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