



Co-Creating a Brilliant Relationship: A Journey of Deepening Connection, Meaning, and Joy

David A. Yeats

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This is a book for those of us who recognize the importance of relationship as the key source for happiness in our lives, and who are serious about wanting to discover ways of creating and co-creating a relationship that is truly brilliant. It is a story about how our relationships can grow over a lifetime - leading us to feel more connected, content, joyful, and flourishing. We're talking about the relationship that we have a partner, the one we have with ourselves, and the one we have with being or existence - with all that is - as citizens of the universe. It is possible for us to grow in awareness, so that we have a rich experience not only of the physical world in which we move and act, but also in interior experiences of intuition, compassion, aliveness, perception, wisdom, inner tranquility, spirituality, relationship, and knowing. It's possible to grow into a deeper knowing and higher consciousness, changing and enriching substantially how we connect with life, how we make meaning, and how large our capacity to live in joy might be. Part One, "Co-Creating a Brilliant Partner Relationship," zeroes in on how to make our partner relationship successful. Many of the ideas here are new, or are examined from different vantage points than we might have considered in the past. We look at relationships as they develop, in predictable sequential stages, and examine both the issues that emerge in each of the stages, as well as how we can address them, resolve them, and move on toward richer experiences together. Nevertheless, if we are really after a healthy and satisfying partner relationship, we will need to craft an authentic relationship with our own inner selves as well, which is a subject of Part Two, "Creating a Brilliant Relationship with Me." Here we explore, in an uncommon way, the power of a conscious relationship with ourselves, focused on a deepening intimacy with our own inner being - on a conscious, deliberate connection with the wise, intuitive, compass

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