



# An Introduction to Contemporary Work Psychology

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## **An Introduction to Contemporary Work Psychology**

#### An Introduction to Contemporary Work Psychology

This is the first comprehensive overview of work psychology, with coverage of classic models, current theories, and contemporary issues affecting the 21st-century worker.

Examines the positive aspects of work-motivation, performance, creativity, and engagement--instead of focusing only on adverse effects Edited by leaders in the field with chapters written by a global team of experts from the US, UK, Europe, and Australia Discusses topics such as safety at work, technology, working times, work-family interaction, working in teams, recovery, job demands and job resources, and sickness absence Suitable for advanced courses focused on work psychology as a sub discipline of work and organizational psychology Didactic features include questions for discussion, boxes with practical applications, further reading sections, and a glossary



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