



# Book Riding. Creative Readings and Writings in Physics and Psychology

*Remus Gogu*

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*Book Riding* deals with the biggest obstacle to valuable lay contributions in science: the fear that science is a domain belonging solely to experts. While this argument rests on valid premises, *Book Riding* aims to provide both the engine (method) and the fuel (ideas) needed by amateur science enthusiasts to explore and generate new ideas in the fields of physics and psychology.

Promoting an enlightening methodology –critically reading a plethora of books—to generate new ideas, *Book Riding* primarily applies this method in physics and psychology, exploring subjects ranging from the subconscious mind to parallel universes. Author Remus Gogu deftly explains his reading-as-inquiry method in his own text, encouraging readers to scan randomly for topics that may pique their interest, then develop step-by-step their insights, despite not being experts. Gogu provides a personal example of this method, as he himself, though not an expert, brings pertinent insights in physics and psychology—a position that, he argues, can have unique value.

Filled with short physics and psychology essays that you can read on your way to school or work, the book hones in on the objective of getting the reader to look through radically altered paradigms at the definition of life and the binding concepts of the world in which we live. The author's fluid yet poignant writing style is reader-friendly, unpretentious, and not overly academic. *Book Riding* doesn't take itself too seriously, and as such it's both fun and inspiring. Humorous at times in its examining of heavy ideas, this book will appeal widely, from high school students to any open-minded individuals interested in these gripping topics.

Gogu quotes Sarah Ban Breathnach as stating, “The world needs dreamers and the world needs doers. But above all, the world needs dreamers who do.” Ultimately, this is the goal of *Book Riding* as a means of inspiring the reader to think great thoughts and dare great dreams.

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