



# Food and Wine Pairing: A Sensory Experience

*Robert J. Harrington*

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## **Food and Wine Pairing: A Sensory Experience** Robert J. Harrington

The only book that presents food and wine pairing from a culinary and sensory perspective.

Demystifying the terminology and methodology of matching wine to food, *Food and Wine Pairing: A Sensory Experience* presents a practical, user-friendly approach grounded in understanding the direct relationships and reactions between food and wine components, flavors, and textures. This approach uses sensory analysis to help the practitioner identify key elements that affect pairings, rather than simply following the usual laundry list of wine-to-food matches. The text takes a culinary perspective first, making it a unique resource for culinary students and professionals.

### *Food and Wine Pairing:*

- Lays out the basics of wine evaluation and the hierarchy of taste concepts
- Establishes the foundation taste components of sweet, sour, salty, and bitter in food, and dry, acidity, and effervescence in wine, and looks at how these components relate to one another
- Discusses wine texture, and the results of their interactions with one another
- Examines the impact that spice, flavor type, flavor intensity, and flavor persistency have on the quality of wine and food matches
- Includes exercises to improve skills relating to taste identification and palate mapping
- Provides a systematic process for predicting successful matches using sequential and mixed tasting methods
- Gives guidance on pairing wine with foods such as cheese and various desserts, as well as service issues such as training and menu/wine list development

*Food and Wine Pairing* provides students and professionals with vivid and dynamic learning features to bring the matching process to life with detail and clarity. Real-world examples include menus and tasting notes from renowned restaurants, as well as aperitifs or vignettes portraying culinary notables—both individuals and organizations—which set their wine pairings in a complete gastronomic, regional, and cultural context.

Culinary students making their initial foray into understanding pairing will appreciate the reader-friendly and comprehensive approach taken by *Food and Wine Pairing*. More advanced students, instructors, and culinary professionals will find this text to be an unparalleled tool for developing their matching process and honing their tasting instinct.

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