



Martha's Vineyard Cookbook: Over 250 Recipes And Lore From A Bountiful Island

Jean Stewart Wexler, Hillary King Flye, Louise Tate King

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This book, originated by the late Cordon Bleu chef and Blueberry Hill Farm owner Louise Tate King, has been expanded with all-new chapters on the foods of the island's African-American and Brazilian communities. Recipes reflect the Vineyard's complete culinary heritage that also includes Wampanoag Indians, English and Scottish whaling families, and Portuguese fishermen. Chapters are devoted to chowders, seafood, shellfish, meat and poultry, and local produce such as berries, walnuts, and pumpkins. Additional chapters include recipes for salads, side dishes, breads, cakes, pies and puddings, marmalades, sauces, and other good things! Photographs and sidebars focusing on Vineyard folklore and natural history imbue the book with a nostalgic charm that allows anyone to take home a little part of the island.

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