



# Deep Coaching: Using the Enneagram as a Catalyst for Profound Change

*Roxanne Howe-Murphy*

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**Deep Coaching: Using the Enneagram as a Catalyst for Profound Change** Roxanne Howe-Murphy  
Coaches passionate about helping their clients break through old limiting patterns to live from a place of expanded and empowering potential will embrace Deep Coaching: Using the Enneagram as a catalyst for profound change. Roxanne Howe-Murphy's groundbreaking Deep Coaching operationalizes the profound teachings of the Enneagram so that coaches can use specific processes, tools and strategies to empower and support the transformation of their clients. The Enneagram framework is rooted in universal elements from most major spiritual traditions without specific dogma. It takes coaches beyond identifying nine dominant personality traits and patterns in their clients to help them stimulate real transformation as they unhook from the beliefs, behaviors and thoughts that are no longer useful. By becoming free to realize their optimum potential, individuals create transformational and sustainable shifts in their personal, interpersonal and work lives.

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