



**VEGAN: DUMP DINNER: 65 Vegan Recipes for
Beginners on a Budget and High Protein
Cookbook (One pot, Slow Cooker, Raw Food,
Vegetarian) (Low Fat, Quick & Easy, Clean
Eating)**

Healthy Living Publishing

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Book 1: Vegan: Healthy Vegan Dump Dinner Recipes on a Budget

Learn These Delicious & Affordable Vegan Recipes So You Don't Have To Starve Until Your Payday

Vegan cooking isn't only insanely healthy. It's also really inexpensive. Vegans can enjoy the benefits of eating fresh and nutritious foods without breaking the bank to satiate their hunger.

If you would like to follow a vegan diet and save some money in the process, then this book is a must-buy for you!

The "Healthy Vegan Dump Dinner Recipes On A Budget" contains 32 exceptionally delicious and easy to prepare vegan dishes.

Now you can finally satisfy your tastebuds and follow a healthier diet. And you can do it without settling for bland, boring food!

All these vegan dishes are thoughtfully selected so they can be:

- Incredibly healthy to nourish your body and supply it with a variety of essential nutrients!
- Totally economical so you don't have to starve until you get the next paycheck!
- Mouth-watering so you can enjoy eating them!

An Ideal Book That Every Cost-Conscious Vegetarian Should Read!

Book 2: Vegan: 35 High Protein Vegan Recipes for Weight Loss and Building Muscle

Lose Weight and Gain Lean Muscle Mass – The Healthy Vegan Way!

It doesn't have to be difficult to cook delicious vegan meals at home!

Vegan: 35 High Protein Vegan Recipes for Weight Loss and Building Muscle by is more than a cookbook. Chapter-by-chapter, Charlotte Moyer introduces you to the most essential foods of a vegan diet. You'll learn to prepare delicious dishes based around these popular vegan staples:

- Beans
- Quinoa
- Nuts
- Greens
- Broccoli
- Asparagus
- *and even* Tempeh!

You can save money and live better by cooking vegan dishes for yourself and your family. Protect the animals, the environment, and your health while enjoying wonderful meals such as **Lemon Asparagus Pasta, Sweet and Sour Tempeh, and Almond Butter Pancakes!**

Don't wait - It's time to do the right thing for your body and the world. Download *Vegan: 35 High Protein Vegan Recipes for Weight Loss and Building Muscle* right away!

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From reader reviews:

Anna Wright:

The reason? Because this VEGAN: DUMP DINNER: 65 Vegan Recipes for Beginners on a Budget and High Protein Cookbook (One pot, Slow Cooker, Raw Food, Vegetarian) (Low Fat, Quick & Easy, Clean Eating) is an unordinary book that the inside of the reserve waiting for you to snap the idea but latter it will zap you with the secret it inside. Reading this book adjacent to it was fantastic author who write the book in such amazing way makes the content interior easier to understand, entertaining means but still convey the meaning entirely. So , it is good for you for not hesitating having this anymore or you going to regret it. This book will give you a lot of gains than the other book possess such as help improving your talent and your critical thinking way. So , still want to delay having that book? If I ended up you I will go to the publication store hurriedly.

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