



Suddenly Single!: A Lifeline for Anyone Who Has Lost a Love

Hal Larson, Susan Larson

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Grief comes to everyone at one time or another-it is the price of love. In this compassionate, perceptive book, Hal and Susan Larson explore the stages of grief and the processes of healing. From that first shock through the guilt, depression and anger that follow, grief is a process that cannot be rushed or shoved aside. The Larsons reassure the reader that he/she can endure-and eventually transcend-grief. This expanded second edition includes a new section on Becoming Whole Again. Hal Larson is a writer lecturer and teacher who was educated in Oregon and Massachusetts. His first wife died after a long illness. Susan Larson earned both graduate and undergraduate degrees in California. Her first marriage ended in divorce after eight years.

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