



One-Pan Wonders: 50 Clean Eating Sheet Pan Recipes for Delicious, Healthy Hands-Off Suppers, Lunches and Snacks Straight From the Oven (Clean Eating Sheet Pan Cookbook)

Jessica Teller

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One-Pan Wonders is a new exciting approach to cooking: Imagine perfect, healthy, home-cooked meals without sacrificing the little spare time you got. There's easy dinners for weeknight meals, luxurious and surprising "special occasion" dinners and healthy desserts for demanding kids (desserts they'll love, trust me).

The combination of easy prep, the "set it and forget it" process and the super fast and easy clean ups will revolutionize the way you see cooking forever

Sheet pan cooking is an amazingly healthy shortcut to delightfully delicious meals. All you need is a pan, an oven and Jessica Tellers inspired approach. And if this wasn't enough, roasting, baking or broiling (the methods used when cooking in a pan) intensify flavors, making food taste even better.

We'll produce amazing dinners without sacrificing valuable time, let's get cooking!"

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