

# Spikenard -A Woman Anoints Jesus's feet - Did She Use the Spikenard of Aromatherapy?: Nardostachys jatamansi - An Essential Oil And Medicinal Plant ... (The Secret Healer Oils Profiles) (Volume 7)

Mrs Elizabeth Ashley



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Spikenard is probably best known for being the oil which Mary of Bethany used to anoint Jesus's feet before he was crucified, but question is...was it really the same plant? In these days of immediate internet answers we take information as gospel, but often the research lacks depth and understanding. A cursory research for a blog post, at Christmas, uncovered possible problems with the identification of the plant, and the book opens up hundreds of years of scholars ideas about what this "Nard of the Ancients" might have been. Investigating Greco-Roman medicine with Tantric and Ayurvedic medicine the book weighs the argument for Nardostachys jatamansi being the sacred plant of the Hebrews. What is in no doubt though, is Nardostachys has been used for thousands of years in the East with the most extraordinary results. Not least, is the phenomenal story of the healing in the nineteenth century cholera epidemics, where the plant saved tens of thousands of lives in Russia but was unbelievably ignored in Britain, despite medical advice, as equal numbers were murdered by the disease. Today, as aromatherapists, we acknowledge it as being the most potent sedative in our tool box. We recognise its digestive qualities and astounding effects in reducing fevers. Here, we examine its medicine over the last seven thousand years, right up to the samples zipping around centrifuges today, and we ask how different will spikenard's medicine of the future look from that of the Ancient Hebrews, Egyptians, Romans and Greeks. Understand the uses of the oil we use for: • Anxiety • Insomnia • Digestive Problems • Fever • Epilepsy We begin to understand how the plant may have given Christ the resources he needed to face the cross. Soar with the phoenix of antiquity (whose nest was also said to be made of spikenard) and learn how it is that someone is able to face the unthinkable and to remain steadfast in spite of their of deepest fears. Click "Buy" to learn about one of the most precious plants on the planet and how you can use its essence to transform yours and your family's lives.

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The e-book untitled Spikenard -A Woman Anoints Jesus's feet - Did She Use the Spikenard of Aromatherapy?: Nardostachys jatamansi - An Essential Oil And Medicinal Plant ... (The Secret Healer Oils Profiles) (Volume 7) is the publication that recommended to you to see. You can see the quality of the guide content that will be shown to you actually. The language that writer use to explained their way of doing something is easily to understand. The copy writer was did a lot of research when write the book, to ensure the information that they share to you personally is absolutely accurate. You also might get the e-book of Spikenard -A Woman Anoints Jesus's feet - Did She Use the Spikenard of Aromatherapy?: Nardostachys jatamansi - An Essential Oil And Medicinal Plant ... (The Secret Healer Oils Profiles) (Volume 7) from the publisher to make you more enjoy free time.

#### **Charlene Johnson:**

The reason why? Because this Spikenard -A Woman Anoints Jesus's feet - Did She Use the Spikenard of Aromatherapy?: Nardostachys jatamansi - An Essential Oil And Medicinal Plant ... (The Secret Healer Oils Profiles) (Volume 7) is an unordinary book that the inside of the publication waiting for you to snap the item but latter it will jolt you with the secret the item inside. Reading this book adjacent to it was fantastic author who else write the book in such awesome way makes the content inside easier to understand, entertaining means but still convey the meaning fully. So , it is good for you for not hesitating having this any longer or you going to regret it. This excellent book will give you a lot of benefits than the other book get such as help improving your ability and your critical thinking approach. So , still want to delay having that book? If I had been you I will go to the reserve store hurriedly.

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