



Dancing the Sacred Wheel: A Journey through the Southern Sabbats

Frances Billinghamurst

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Central to many Pagan traditions is the "Wheel of the Year", the eight sabbats of festive days that celebrate the seasons. In "Dancing the Sacred Wheel", the author examines the seasonal Wheel and associated folklore while following its journey from her home in the Southern Hemisphere.

By combining traditional myth and meaning of each sabbat with her own personal experience, the author captures the essence of each festival while celebrating them in accordance with the energies "down under". By doing this, she encourages the reader to look deeper at their own observances in order to gain a more in-depth level of knowledge and understanding of the Wheel of the Year – even amongst changing weather conditions.

By providing snippets from rituals performed by her own coven as well as activities and recipes that honour each sabbat, this book is to inspire both ritual for solitary and group workings alike.

"Although Frances suggests that 'Dancing the Sacred Wheel' is not a ritual workbook, it is obvious that she has a deep and sensitive appreciation for seasonal celebrations, and her book could easily be used as a guide to effective ritual work by solitary practitioners and covens alike." (Don McLeod, author of "Real Tarot")

"'Dancing the Sacred Wheel' is a book about the Pagan Seasonal Wheel as it is celebrated in South Australia, along with information about Aboriginal seasons for the different temperate climates of Australia. This should be interesting to anybody who practices in a country that is not England. ... even if you live in a Northern Hemisphere country. This is because this book will give you a new perspective with which to perceive the seasons in the reader's own country." (Polly, "Another Witch's Blog")

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