



# Unbecoming travolta: a memoir of mania and multiple personalities

*Rikki Lee Travolta*

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## **Unbecoming travolta: a memoir of mania and multiple personalities** Rikki Lee Travolta

Imagine waking up one day and being told that everything you believe to be true is a lie - your name, your family, your world. Known throughout the world as John Travolta's talented nephew, in 2008 Rikki Lee Travolta suffered a nervous breakdown. While hospitalized he learned that he wasn't a member of the famous Travolta entertainment family, but was rather a broken man who through years of psychological and physical trauma had developed alternate personalities - one of them being "Rikki Lee Travolta." Unbecoming Travolta bravely chronicles Rikki Lee Travolta's heartbreaking battle with Dissociative Identity Disorder (Multiple Personality Disorder), Bipolar Disorder (Manic Depression), Borderline Personality Disorder, Paranoid Schizophrenia, and severe Anxiety.

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