



# Brief Therapy with Intimidating Cases: Changing the Unchangeable

*Richard Fisch, Karin Schlanger*

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**Brief Therapy with Intimidating Cases: Changing the Unchangeable** Richard Fisch, Karin Schlanger  
A Proven Technique Applying Brief Therapy to Difficult and Challenging Disorders

Changing the Unchangeable is a myth shattering book that reveals how short-term therapy can be used as a powerful tool for treating clients who present a range of complex psychological disorders including severe depression, delusions and paranoia, anorexia, alcoholism, obsessive-compulsive behavior, and borderline personality disorder.

"Fisch and Schlanger have done an admirable job of addressing the difficult. They have done this with detailed description of cases and of step-by-step explanations for dealing with the 'unchangeable' briefly." "Filled with rich examples, this is an incisive, carefully analyzed exploration of the pioneering practices created at MRI's Brief Therapy Center." -Carlos E. Sluzki, clinical professor of psychiatry, University of California Los Angeles

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